

**World Community for Christian Meditation (WCCM)  
Brighton and Hove Group  
The Parish Church of St Nicholas of Myra**



**A Retreat Day on the Lord's Prayer**

St Nicholas' Church  
Church Street, Brighton, BN1 3LJ,  
Saturday 12th April 2025  
9.45 – 3.30 pm

*A quiet day of reflecting on our relationship with The Lord's Prayer  
and the meanings it might hold for us today  
led by Stephen Crowther*

- 9.45 Gathering
- 10.15 Welcome and introductions  
Silent Meditation
- 10.45 Reflection on The Lord's Prayer (Stephen Crowther)  
Individual and shared reflections
- 12.00 Eucharist (optional)
- 12.30 Lunch
- 1.30 Exploring alternative versions (Stephen Crowther)  
Quiet time for personal responses  
Shared reflections
- 3.15 Conclusions, Silent Meditation and Closing Blessing
- 3.30 Departures

Hot drinks provided, please bring your own lunch.  
Suggested donation £10

Please contact Felicity on 01273 553216 or [felicity.stimpson@btinternet.com](mailto:felicity.stimpson@btinternet.com)  
to confirm your place