



World Community for Christian Meditation
Brighton and Hove Group
The Parish Church of St Nicholas of Myra

Retreat Day

Reflections on the life of St. Francis of Assisi and the Franciscan Order

Following Christ in the way of St. Francis and St. Clare

St Nicholas' Church
Church Street, Brighton, BN1 3LJ,
Saturday 9th March 2024
10.00 – 3.30 pm

with Lesley Anne TSSF

10.00	Arrivals and tea/coffee
10.30	Introduction and Silent meditation
11.00-11.50	Reflections on St. Francis
12.00	Eucharist in church (optional)
12.30	Lunch, teas and coffees provided
1.30	The Franciscan Order Q & A, sharing our thoughts
2.30	A Franciscan Story leading to meditation
3.15-3.30	Conclusion and closing prayers

Drinks provided, please bring your own lunch.

Suggested donation £10

Please contact Felicity on 01273 553216 or felicity.stimpson@btinternet.com to confirm your place

